

MANSTIREANCA
(Moldova, Romania)

Pronunciation:

Music: Cassette-Romanian Folk Dances by N. Hilferink 2/4 meter

Formation: Circle in back basket hold.

Meas

Pattern

No introduction.

Fig A

- 1 Facing ctr of circle and travelling CCW, leap R to R (ct 1); leap L to L (ct 2).
2 Step R to R (ct 1); step L behind R (ct &); step R to R (ct 2); stamp L, no wt (ct &).
3 Repeat meas 2 with opp ftwk and direction.
4 Step R to R (ct 1); step L behind R (ct &); step R to R (ct 2).
5-8 Repeat meas 1-4 with opp ftwk and direction.

Fig B

- 1 Facing and travelling CW, step R across L (ct 1); step L beside R (ct 2). (Spin step).
2-7 Repeat meas 1, six more times.
8 Step R across L (ct 1); step L beside R (ct &); step R across L (ct 2).
9 Still facing and travelling CW, hop on R (ct 1); step L (ct &); step R (ct 2).
10 Repeat meas 9.
11 Hop on R (ct 1); step L (ct &); step R (ct 2); step L (ct &).
12 Step R,L,R (cts 1,&,2).
13 Hop on R (ct 1); step L (ct &); step R (ct 2).
14-15 Repeat meas 13 twice.
16 Turning to face CCW, jump onto both ft (ct 1); hop onto R (ct 2).
17-32 Repeat meas 1-16 with opp ftwk and direction.

NOTE: During Fig B count in Romanian beginning with the first cross step and with following 7 crossing steps:
una, două, trei, patru, cinci, șase, șapte, opt o fost
OO-nah, DOH-uh, TRAY, PAH-troo, CHEENCH, SHAH-seh,
SHAHP-teh, AWPT oh FAWST (8 is enough)

Presented by Nicolaas Hilferink